



SÄPT

Swiss Medical Association for Psychedelic Therapy

Relational Approaches in Psychedelic-assisted Therapy

from a psychoanalytical perspective

Experiential workshop with

Jeffrey Guss, MD

Target participants

Mental health professionals involved or interested in
psychedelic-assisted therapy
(physicians, psychologists, nurses, social workers, etc.)

Dates

19–20 September 2026

Location

Sutra House
Rütiring 36, 4125 Riehen/Basel
Sutra-house.com



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About the workshop

This two-day workshop offers a practice-oriented learning environment. Through a series of structured roleplays, participants will explore key elements of the therapeutic process, including preparation, the journey session (without the use of substances), and integration.

Each roleplay involves three perspectives: the therapist, the client/patient, and the witness. This allows participants to engage with and reflect on different dimensions of the therapeutic experience.

Particular emphasis is placed on challenging, complex, and potentially disruptive sessions, supporting participants in developing skills and confidence in navigating difficult therapeutic moments.

The workshop concludes with a large-group integration session, a space for shared reflection, dialogue, and questions.

Participants are invited to explore their experiences from multiple perspectives, with special attention to working with challenging processes and deepening their understanding of relational and therapeutic dynamics.

About the teacher

Jeffrey Guss, MD

Faculty, NYU Postdoctoral Program in
Psychotherapy and Psychoanalysis

Clinical Assistant Professor of Psychiatry NYU
Grossman School of Medicine



Jeffrey Guss, MD is a psychiatrist, psychoanalyst, and researcher with specializations in psychoanalytic therapy, psychedelic therapy and the integration of psychedelic therapy with analytic principles and methods. He is on the Faculty of the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, and a Clinical Assistant Professor of Psychiatry at NYU Grossman Medical Center. Dr. Guss is a Lead Trainer with Fluence, an educational setting for psychedelic therapy training.

Dr Guss' primary area of interest is the integration of psychedelic therapies with contemporary psychoanalytic theory and practice, and in particular transference and countertransference in psychedelic therapy. His paper, "A Psychoanalytic Perspective on Psychedelic Experience", was published in *Psychoanalytic Dialogues* in 2022 and also has published in *Studies in Gender and Sexuality and Psychoanalysis, Culture and Society*. He co-authored a paper on the influence of therapists' firsthand experience with psychedelics on psychedelic-assisted psychotherapy research in *The Journal of Psychedelic Studies* and conducts clinical consultation group with practicing psychedelic integration therapists. .

Dr. Guss served as Co-Principal Investigator and Director of Psychedelic Therapy Training for the NYU School of Medicine's study on psilocybin-assisted psychotherapy in the treatment of cancer related existential distress, which was published in *Journal of Psychopharmacology*, 2016. He was a study therapist in the NYU study on Psilocybin-Assisted treatment of Major Depressive Disorder, a collaborator with Yale University's study on psilocybin-assisted therapy for Major Depressive Disorder and a study therapist with the MAPS study on treatment of Post Traumatic Stress Disorder with MDMA-Assisted Psychotherapy and the NYU research study on Psilocybin Assisted Therapy for Alcohol Use Disorder.

He is on the board of the International Society for Substance-Assisted Psychotherapy and maintains a private practice in New York City.



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Workshop costs

(lunch and snacks included)

+ incl. wellness facilities: sauna, steam bath, outdoor-swimming pool

Refreshments: tea, water, dried fruits & nuts are available to participants free of charge throughout the day.

- SÄPT members: 760.- CHF
- Non SÄPT members: 790.- CHF
- (+ board & lodge individually; overnight stay at the workshop location possible, book at connect@sutra-house.com)

Registration

- The number of participants is limited. Registration is by application, please use the following link and fill in the form **HERE**.
- We will send you a confirmation of your registration and the bank details for the transfer of the participation fee by e-mail.

Contact

For further information, please contact us at wb-info@saept.ch

SGPP credits requested

Hosted by the
Swiss Medical Association for Psychedelic Therapy
www.saept.ch

Organized by Jan Kohut and Helena Aicher