



SÄPT

Swiss Medical Association for Psychedelic Therapy

# **2<sup>nd</sup> Nationwide Conference: Psychedelic-assisted Therapy in Palliative Care**

Featuring expert lectures, clinical case analyses,  
and practical workshop sessions

## **Target Participants:**

Physicians, psychologists, nurses

## **When:**

6.–9. May 2026

## **Where:**

Kientalerhof

3723 Kiental

**Please register/apply [HERE](#)**



**PATTERN**

PSYCHEDELIC ASSISTED THERAPY  
TRAINING AND EDUCATION  
RESEARCH NETWORK

## About the conference

This conference brings together healthcare professionals, including psychedelic therapists with limited experience in palliative care and physicians who are new to psychedelic-assisted approaches. The conference is designed to create a shared learning space where participants can build a common language and understanding across both fields. It supports interdisciplinary exchange while providing a solid scientific and evidence-based foundation, alongside the development of practical skills applicable to diverse healthcare roles.

Set in the peaceful surroundings of the Kientalerhof in the Swiss Alps, the conference offers an environment that encourages reflection, dialogue, and experiential learning. Surrounded by nature, participants have the opportunity to step away from the demands of daily clinical practice and engage deeply with the material, their colleagues, and their own professional perspectives.

The program combines lectures, case discussions, small-group work, and reflective sessions to explore both the theoretical and practical aspects of psychedelic-assisted approaches within palliative care. Participants will examine current research, ethical considerations, therapeutic frameworks, and the potential role of these approaches in addressing existential distress, anxiety, and end-of-life suffering.

In addition to academic learning, the conference emphasizes personal integration, peer exchange, and the cultivation of compassionate, patient-centered care. By bringing together professionals from diverse backgrounds, it fosters collaboration and mutual learning, helping to build a growing community of practitioners interested in thoughtful, responsible innovation at the intersection of palliative care and psychedelic-assisted therapy.

For the organizing committee,  
Sivan Schipper & Helena Aicher

# Program

Wednesday, 6 May

| Time       | Speaker                           | Topic                                                             |
|------------|-----------------------------------|-------------------------------------------------------------------|
| from 09:30 |                                   | Arrival                                                           |
| 10:15      | Sivan Schipper, Helena Aicher     | Start / Welcome                                                   |
| 10:20      |                                   | Opening Round                                                     |
| 10:40      | Dr. med. M.Sc. Sivan Schipper     | Introduction – Foundations of Palliative Care                     |
| 11:40      | Helena Aicher, PhD                | Introduction to Psychedelic-assisted Therapy (PAT) in Switzerland |
| 12:30      |                                   | Lunch                                                             |
| 14:00      | Helena Aicher, PhD                | Phenomenology & Psychological Mechanisms of PAT                   |
| 14:45      | Dr. Fabian Winiger                | Spiritual Care                                                    |
| 15:45      |                                   | Break                                                             |
| 16:15      | Prof. Dr. med. Christopher Böhlke | Evidence-based Palliative Care & PAT                              |
| 17:15      | PD Dr. med. Caroline Hertler      | Ketamine in Palliative Care – Research and Clinical Implications  |
| 18:30      |                                   | Dinner                                                            |
| Evening    |                                   | Free / exchange / social                                          |

# Program

Thursday, 7 May

| Time  | Speaker                                    | Topic                                                                                              |
|-------|--------------------------------------------|----------------------------------------------------------------------------------------------------|
| 07:15 | Stefan Lang, M.A.                          | Morning meditation                                                                                 |
| 08:00 |                                            | Breakfast                                                                                          |
| 09:00 | Dr. med. Beda Lüthi                        | Case Report from LPC Study & Discussion                                                            |
| 09:45 | Nina Schimmers, cand. PhD                  | PsyPal European Multicenter Study                                                                  |
| 10:45 |                                            | Break                                                                                              |
| 11:00 | Bill Richards, PhD                         | Cultivating the Being of the Therapist                                                             |
| 12:30 |                                            | Lunch                                                                                              |
| 14:00 | Dr. med. Anke Röskamp & Helena Aicher, PhD | Contact & Movement                                                                                 |
| 16:00 |                                            | Break                                                                                              |
| 16:30 | PD Dr. med. Yasmin Schmid                  | Pharmacology of Classical Psychedelics & MDMA                                                      |
| 17:30 | Clara Acien, cand. PhD                     | Prosocial and Relational Experiences in Psilocybin-assisted Group Therapy for Patients with Cancer |
| 18:30 |                                            | Dinner                                                                                             |
| 20:00 |                                            | Movie: The Edge of Life                                                                            |

# Program

Friday, 8 May

| Time    | Speaker                       | Topic                                                                                       |
|---------|-------------------------------|---------------------------------------------------------------------------------------------|
| 07:15   | Stefan Lang, M.A.             | Morning meditation                                                                          |
| 08:00   |                               | Breakfast                                                                                   |
| 09:00   |                               | Movie Discussion                                                                            |
| 10:15   |                               | Break                                                                                       |
| 10:30   | Dr. med. Michael Ljuslin      | End of Life: Abolition or Transcendence of Consciousness – A Choice for the Future?         |
| 11:30   |                               | Break                                                                                       |
| 11:40   | Dr. med. Jonathan Häfelfinger | Case Report from LPC Study & Discussion                                                     |
| 12:30   |                               | Lunch                                                                                       |
| 14:30   | Stefan Lang, M.A.             | Death as a Feature of Existence - Basic Buddhist Principles in dealing with death and dying |
| 15:45   |                               | Break                                                                                       |
| 16:15   | Dr. med. M.Sc. Sivan Schipper | Tonglen Meditation in the Context of Psychedelic-assisted Therapy in Palliative Care        |
| 18:30   |                               | Dinner                                                                                      |
| Evening |                               | Free / exchange / social                                                                    |

# Program

Saturday, 9 May

| Time  | Speaker                           | Topic                                                |
|-------|-----------------------------------|------------------------------------------------------|
| 07:00 | Stefan Lang, M.A.                 | Morning Meditation: Contemplation on Death and Dying |
| 08:00 |                                   | Breakfast & Check-out                                |
| 09:30 | Prof. Dr. med. Christopher Böhlke | PAT for Patients with Wish for Hastened Death?       |
| 10:20 |                                   | Break                                                |
| 10:30 | Bill Richards, PhD                | The Art of Navigation in Inner Worlds                |
| 12:00 |                                   | Break                                                |
| 12:10 |                                   | Consolidation / Final Round                          |
| 12:30 |                                   | Lunch                                                |



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## Workshop costs

- Sliding contribution between CHF 900 and CHF 1'500 at your discretion
- (+ board & lodge individually)

## Registration

- The number of participants is limited. Admission is by short application (in the registration form). For registration, please use the following **HERE** and fill in the form.
- In case of acceptance, we will send you a confirmation of your registration and the bank details for the transfer of the participation fee by e-mail.

**Language:** English

## Contact

For further information, please contact us at  
[wb-info@saept.ch](mailto:wb-info@saept.ch)

SGPP & SGAIM & palliative.ch credits requested





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## Accommodation & Meals

- Various options at Kientalerhof (see below)
- Hotel Bären Kiental (2 minutes walk)
- Pension Schöneegg (10 minutes walk)

If you book your overnight stay at Hotel Bären or Pension Schöneegg, please make sure to book your seminar daily rate (infrastructure fee, meals) at Kientalerhof (see below).

## Kientalerhof

### Accommodation

#### ChieneHuus

Double rooms with private bathroom: CHF 178–238 per person/night

#### Kientalerhof

Single, double, triple, or shared rooms with private or shared bathroom: CHF 103–188 per person/night

Prices depend on room type and occupancy and are subject to change.

Full board included. Tourist tax: CHF 4 per person/night.

Check-in / Check-out

Check-in from 14:00

Check-out by 09:30

### Meals

Full board is vegetarian. Vegan, gluten-free, and lactose-free options are available on request.

Fruit, tea, and water are available free of charge throughout the day. Additional snacks and drinks from the snack bar are available for purchase.

Meals that are not taken cannot be refunded.

## Participants staying elsewhere

pay an infrastructure fee of CHF 10 per day.

Meals (for participants staying externally)

Breakfast CHF 20

Lunch CHF 24

Dinner CHF 24

